OPTIONAL MODULE 6:

GAMBLING

(PGSI)

PURPOSE OF MODULE

To obtain a better understanding of the client's possible gambling issues.

WHO CAN ADMINISTER THIS MODULE?

This module can be self-administered by the client or administered by a clinician.

INTRODUCTION FOR CLIENT

"Now I'm going to ask you a series of questions in order to get a detailed picture of your gambling, and how it affects your life."

INSTRUCTIONS

- 1. Circle appropriate responses.
- 2. Tally up scores.
- 3. Consider intervention or referral to a gambling service if there is a moderate risk or screen indicates that the client is a problem gambler.

| IN THE LAST 12 MONTHS HOW OFTEN HAVE YOU? | NEVER | SOMETIMES | MOST OF THE TIME | ALMOST ALWAYS |
|--|-------|-----------|------------------|------------------|
| Bet more than you could afford to lose? | 0 | 1 | 2 | 3 |
| Needed to gamble with larger amounts of money to get the same feeling of excitement? | 0 | 1 | 2 | 3 |
| Gone back another day to try and win back the money you lost? | 0 | 1 | 2 | 3 |
| Borrowed money or sold anything to get money to gamble? | 0 | 1 | 2 | 3 |
| Felt that you might have a problem with gambling? | 0 | 1 | 2 | 3 |
| Felt that gambling has caused you health problems, including stress and anxiety? | 0 | 1 | 2 | 3 |
| People criticized your betting or told you that you have a gambling problem, whether or not you thought it was true? | 0 | 1 | 2 | 3 |
| Felt your gambling has caused financial problems for you or your household? | 0 | 1 | 2 | 3 |
| Felt guilty about the way you gamble or what happens when you gamble? | 0 | 1 | 2 | 3 |

- 1-2 Low risk
- 3-7 Moderate risk
- 8-27 Problem gambler

| FOR STAFF ONLY | | | |
|-----------------|-----------|------------|-------|
| Clinician name: | Position: | Signature: | Date: |

